

Associated Learning & Language
Specialists
presents...



PLAY WITH YOUR FOOD!

A sensory-motor approach to
food aversions



**Empowering parents of resistant
eaters to achieve mealtime
success at home**

JOIN TODAY!

This step by step food program follows a multidisciplinary team approach with expert occupational therapists and speech and language pathologists to enhance children's food repertoire and address multiple skill levels from oral motor, posture, and sensory motor. Say goodbye to resistive eaters in your family!

**Unique 4 week
parent participation
summer groups!**

Associated Learning
& Language Specialists
1060 Twin Dolphin Drive
Redwood City, CA 94065



Food Group 2009 Tuition & Registration Form

Client Information

Child's Last Name _____ First Name _____

Date of Birth _____ Sex: Male Female

Address _____

City _____ Zip _____

Mother / Guardian _____

Phone: Home _____ Work _____ Cell _____

Father / Guardian _____

Phone: Home _____ Work _____ Cell _____

- I want to schedule a screening
- I have already scheduled a screening
- I am a current client / have a previous assessment or screening

Please indicate your preference:

- Session I June 15 – July 9th
- Session II July 13th – August 6th
- I prefer the indicated session but am flexible to attend other session

- Level **A** – Great Grapes
- Level **B** – Awesome Apples

Cost: (includes one time 30 minute consultation)

- \$ 580
- \$ 50 Screening only
- \$ 500 Family discount: sibling

I understand and agree to the registration and tuition policy. I understand that I will be responsible for full payment of tuition by or before **June 1st, 2009** _____initial.

I understand that each session is tuition based and therefore no refunds or make up sessions will be given for missed sessions _____ initial

I understand that placement is based on availability and appropriate screening results _____initial

In addition, I understand and agree to pick up my child promptly after class or a late fee will be enforced. _____initial

Parent or Guardian Signature _____ Date _____

Why join a food group?

Mealtimes should be fun and enjoyable for the whole family. If your child has a limited diet due to sensory or motor issues this could impact his or her eating needs. A sensory motor approach to eating helps resistive eaters have a balanced diet.

Who should attend?

Anyone is welcome.

Does your child...

- Have a limited food selection (10-15 foods or less)?
- Eat limited food groups?
- Have anxiety or tantrums with new food?
- Gag or become ill with new food?
- Experience food jags?
- Require foods be presented in the same manner at every meal?
- Have trouble gaining weight?
- Have a developmental delay such as Autism, Asperger's Syndrome, PDD-NOS, or MR?

If you answered yes to any of these questions, your preschooler or school aged child could benefit from our program **to expand their food repertoire and create a balanced diet.**

Which techniques do you use?

We follow a structured model that focuses on oral motor skills, postural positioning, environmental demands, and sensory skills to develop fun-filled activities and home programs to learn appropriate and functional eating skills.

Our program follows a **multisensory approach** that exposes children to new food options through sight, smell, touch, and taste. It does not force or bribe a child to eat. It is a **parent participation** class designed to educate caregivers about fun mealtime activities and to incorporate **home programs** to reinforce and practice new learned skills.

Which skills does this program aim to improve?

The program will enhance all or most of the following skills, dependent on the program level:

- Postural skills needed for proper mealtime positioning
- Environmental demands during mealtime
- Oral motor skills
- Sensory skills
- Expanded food repertoire
- Balanced diet
.....and most of all...
- **Stress free family mealtimes!**

How do I enroll in a Food Group?

A screening session is necessary to determine your child's skill level and determine the appropriate group to best serve your child's needs.

Two groups will address different skill levels.

Level A Great Grapes

Level B Awesome Apples

Contact us to set up a screening appointment!

SUMMER 2009

SESSION I JUNE 15th – JULY 9th

8 sessions: Mondays, Thursdays

Level A – 12:00 -1:00 pm

Level B – 4:00 -5:00 pm

SESSION II JULY 13th – AUGUST 6th

8 sessions: Mondays, Thursdays

Level A – 12:00 -1:00 pm

Level B – 4:00 -5:00 pm

Group Times: FALL 2009

To be announced on our website

Cost (enrollment includes 30 minutes consultation)

Session I & II: \$580* per session per child

Screening: \$50 *waived with session enrollment*

Payment

- Tuition payment in full is due by **June 1st, 2009**
- A \$50 fee will be assessed on all returned checks and/or late payments.
- We accept payments by Cash, Check, Visa / MasterCard / Discover

Registration

- This form is also due with payment by **June 1st**
- Classes will be filled on a first come first serve basis.

Contact us

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Remember to often refer to our website for updated information

**family discount: \$500 for siblings*